

SIR/TV Decision-Making Matrix

Use to compare and contrast occupations and majors using SIR/TV factors. This form can be completed electronically then saved or printed.

Directions:

1. Complete steps 1 – 4 in the table below
2. Use O*NET (online.onetcenter.org) and FOCUS 2 (www.jc.edu/info/careers click on Career Assessments tab).
3. Self-awareness is ongoing; change your ratings if the rankings don't feel right.
4. If you have a tie in total ratings, make a choice between the two and rank the tie so you don't have two careers with the same ranking.
5. If you aren't clear about your feelings, this indicates that you need more information about yourself, the option, or both.

Step 1. Identify five Careers/Majors you are interested in and list them in the row below.					
Careers or Majors	1.	2.	3.	4.	5.
Step 2. Research each factor (Skills, Interests, Realities, Temperament, and Values) typically associated with the careers/majors listed in Step 1 using Focus and O*NET Online. Then rate each factor 1 – 10 (1 = “not a good fit” and 10 = “perfect fit”). Put ratings in the boxes below.					
Skills: Do you have or can you learn the skills required? Consider the skills you prefer using.					
Interests: Do you have a history of interest in this area or a related area (preference for working with people, things, ideas, and data)?					
Realities: Factors outside of you that influence your decision: time to graduate, salary, family, advancement, labor market (Look at Outlook, Earnings, & Areas of Study).					
Temperament: Personality traits: i.e., creative, practical, extrovert, logical, etc. (Look at Working Conditions).					
Work Values: Prestige, variety, creativity, leadership, high achievement, physical activity, purposeful, independence, work w/ mind					
Step 3. Add your scores →					
Step 4. Rank your results → (Highest: 1st - lowest: 5th)					
Career Coach					
Student Success Coach					