



**Drug-Free Schools and Communities Act (DFSCA)  
and Drug-Free Schools and Campuses Regulations**

**Joliet Junior College  
Biennial Review  
Academic Years  
2020/2021 & 2021/2022  
COMPLETED Spring 2023**

I have read and approved the Biennial Review.

Dr. Yolanda Farmer, Executive Vice President of Joliet Junior College

***Compiled by:***

Dr. Amy Kuspa Sims, Manager of Student Activities  
Steven Karasewski, Coordinator of Student Activities  
Tracy Williams, Operations Commander of Campus Police  
Jonathan Feit, Coordinator of Student Conduct  
Jessica Contreras, Student Wellness Advocate  
Jill Geers, Senior Human Resources Generalist  
Rachel Helfrich Tobin, Student Athletic Retention Specialist

***Reviewed by:***

Roberto C. Valadez, Vice President of Student Development  
Cynthia Vasquez-Barrios, Dean of Students  
Dr. Tracy Morris, Compliance Officer

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## INTRODUCTION

The FY22 Joliet Junior College (JJC) Biennial Review qualifies for the fulfillment of the Drug-Free Schools and Campus Regulations that require institutions of Higher Education to conduct a biennial review of their Alcohol and Other Drug programs and policies (EDPart 86). Institutions of Higher Education (IHE) receiving federal funds or financial assistance are required to maintain programs which prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. If audited, failure to comply with the Alcohol and Other Drug (AOD) Abuse Prevention Regulations may cause an institution to forfeit eligibility for federal funding. To comply with this regulation, Institutions of Higher Education such as JJC are required to conduct biennial reviews of their Alcohol and Other Drug (AOD) program to determine effectiveness and the consistency of enforcement of sanctions, along with the number of alcohol and drug related violations that were reported to campus officials and the types of sanctions issued for said violations. An institution's AOD program must include an annual notification to students and employees on the availability of the AOD Policy; the policy must address the standards of conduct, description of sanctions for violating federal, state and local laws or college policy, health risks associated with use and/or abuse, prevention programs offered, as well as information about various treatment options.

## CAMPUS OVERVIEW

Joliet Junior College, the nation's first public community college, offers pre-baccalaureate programs for students planning to transfer to a four-year university, occupational education leading directly to employment, adult education, literacy programs, workforce development services, and student support services. JJC has three campuses and three extension centers to serve residents throughout District 525: Main Campus, City Center Campus, Romeoville Campus, Morris Education Center, Frankfort Education Center, and Weitendorf Education Center. JJC serves more than 35,000 students in credit and noncredit courses.

The following chart reflects JJC student and employee demographics.

	Overall Student Headcount	Overall Credit Hours	Total Full-time Faculty	Total Part-time Faculty	Total Full-time Administration and Staff	Total Part-time Administration and Staff
Fall 2021	11,551	96,000	202	552	414	209

Fast Facts and Factbook 2021

## BIENNIAL REVIEW PROCESS AT JOLIET JUNIOR COLLEGE

This Biennial Review report provides information on JJC employee efforts to provide adequate AOD education, resources, and programs to the JJC community for the academic years 2020-2021 and 2021-2022. These efforts are designed to create a safe and healthy learning environment, free from alcohol and other drug use and abuse. In addition, JJC works to develop and disseminate health information to the campus community about the health risks associated with use and abuse, applying intervention strategies, and ensuring services are available. During the biennial review process, several departments provided information and supporting documents that allow for a full review of AOD efforts on campus. The information is reviewed and compiled in conjunction with the Office of Student Rights and Responsibilities (OSRR), Joliet Junior College Police Department (JJCPD), Student Mental Health and Wellness Program (SMHWP), and the Office of Student Activities (OSA).

To access any Biennial Reviews from the past ten years, individuals can request a copy from the Manager of Student Activities. Current reports can be found by visiting the Student Wellness webpage at <https://www.jjc.edu/campus-life/student-wellness>.

The following departments provided support for this review:

- Office of Student Rights and Responsibilities
- Compliance Office
- Police Department
- Office of Student Activities and Wellness
- Student Mental Health and Wellness Program
- Athletics
- Academic Departments

The following documents were reviewed as a part of this process:

- Code of Conduct
- Clery Annual Security Report
- Drug-Free Workplace Policy

## ANNUAL POLICY NOTIFICATION PROCESS

As a requirement of these regulations, JJC is to disseminate the AOD information below to all students and employees on an annual basis. This process is formally conducted by distributing information concerning alcohol and other drug policies via email from the OSRR and the Office of Human Resources (HR). This information is also posted on the OSRR website and found in the student handbook.

Annual notifications include:

- Drug-Free Schools and Colleges Annual Drug and Alcohol Notification
- Title IX Protections from Sexual Harassment, Sexual Assault, Dating and Domestic Violence, and Stalking
- Clery Report

Questions concerning this policy and/or alcohol and other drug programs, interventions, and policies may be directed to Roberto Valadez, Vice President for Student Development, roberto.valadez@jjc.edu.

## POLICIES

### Enforcement of State Law

As an academic community, JJC employees are committed to providing an environment in which learning, and scholarship can flourish. The possession or use of illegal drugs, or the abuse of those which may otherwise be legally possessed seriously affects the College environment, as well as the individual potential of our students and employees. The College enforces state laws and related JJC policies, including those prohibiting the following activities on campus:

- Providing alcoholic beverages to individuals under 21, possession, or consumption of alcoholic beverages by individuals under 21.
- Distribution, possession, or use of illegal drugs or controlled substances.
- Possession of firearms or other dangerous weapons.
- Board Policy 03.14.00 Drug-Free Schools and Communities Act was updated in June 2022 to ensure alignment with the Federal Safe and Drug-Free Schools and Communities Act of 1994 and provide additional clarity for students.

### Code of Conduct

The abuse of alcohol and other drugs by students, regardless of age and of location (of on-campus or off-campus activities/events), is prohibited by the Student Code of Conduct. The College can, and will, impose disciplinary sanctions for violations. Students are also subject to city ordinances, state, and federal laws. A separate policy addresses violations by JJC employees. JJC policy 2.16.01 covers Drug and Alcohol Testing protocol on campus.

### Voluntary Assistance

JJC strongly encourages students and employees to voluntarily obtain assistance for dependency or abuse problems before such behavior results in an arrest and/or disciplinary referral, which might result in their separation from the institution. The use of, or addiction to, alcohol, marijuana, or controlled substances is not considered an excuse for violations of the Student Code of Conduct or employee's expectations and will not be a mitigating factor in the application of appropriate disciplinary sanctions for such violations.

### Support Services for Students and Employees

Help is available both on-campus and within the community for students and employees who are dependent on, or who abuse the use of alcohol or other drugs.

JJC Student Mental Health and Wellness Program (815) 280-2936, JJC Employee Assistance Program ComPsych (833) 962-0004, and other professional

agencies will maintain the confidentiality of persons seeking help for personal dependency and will not report them to institutional or state authorities. In collaboration with the Student Mental Health and Wellness Program, OSRR and Office of Student Activities and Wellness, staff provide educational and awareness programming, information, and assistance for students. Students are notified of support through multiple communications each semester.

## STUDENT SUPPORT SERVICES AND SUBSTANCE-FREE OPTIONS

At JJC, there are several offices that provide students with direct support, counseling, academic advising, and educational prevention programming around the topic of alcohol and other drugs. These offices include the Office of Student Rights and Responsibilities (OSRR), Student Mental Health and Wellness Program (SMHWP), and the Office of Student Activities (OSA). The collaborative Wellness Team efforts allow for multiple points of contact to provide education, resources, and personal student counseling. Other student support opportunities are provided through academics, support services, and campus activities. In addition, there are several other offices and student groups on campus that provide a wide variety of activities that are all free of alcohol and other drugs.

There have been several different programs that have taken place throughout the years to educate our students about the risks of alcohol and other drugs. JJC works to meet standards for environmental and individual strategies.

### Office of Student Rights and Responsibilities

The Office of Student Rights and Responsibilities offers a variety of Life Skills sessions to assist students with issues that have a direct impact on their academic careers. The sessions are conducted by employees from the following departments: OSRR, Student Mental Health and Wellness, and Student Activities and Wellness. Session topics include Academic Integrity, Healthy Relationships, Communication 101, Consent, Ethical Decision Making, Appropriate Behaviors on Campus, Stress Management 101, and Rape Aggression Defense (RAD). The OSSR also uses the following 3<sup>rd</sup> Millennium Classroom, online education programs, as sanctions for code of conduction violations: Addictions, Marijuana 101, and Grieving, on-line education program as sanctions for code violations.

### Student Mental Health and Wellness Program

The Student Mental Health & Wellness Program staff is available to assist students who may want to discuss personal issues in a confidential setting. Student Wellness Advocates and the Case Management Coordinator are licensed clinical counselors who can address concerns of stress, anxiety, depression, family issues, substance use and abuse, or other personal problems, and provide appropriate counseling or community referrals and resources. Additionally on staff, a Student Wellness Advocates is also a Certified Alcohol and Drug Counselor (CADC) and has experience working with youth impacted by alcohol and substance use. Students can

meet with a Student Wellness Advocate in person or via Tele-Mental Health counseling services. Appointments can be made by calling 815-280-2936, visiting Office of Student Rights and Responsibilities at Main Campus in A-1100, emailing [Mentalhealthservices@jjc.edu](mailto:Mentalhealthservices@jjc.edu) , or requesting an appointment on the website at <http://jjc.edu/studentwellness> to complete "New Client - Appointment Request for Mental Health Services." All in-house services are free of charge.

In addition to providing direct and individual services, the Student Mental Health & Wellness Program also offers various opportunities to engage students in a group setting. On a semester basis, the Program provides a number of psychoeducational workshops that focus on emotional wellness, coping with anxiety and depression, managing stress, understanding addiction, and other topics that are relevant to the college student experience. Therapeutic support groups are also hosted based on student need and interest. Previous therapeutic groups included first-generation/international support group, expressive arts therapy group, and women empowerment support group.

The program has also increased their ability to connect students in need and to further assess students for concerns of AOD uses. This includes the creation of a Care Report, the use of MindWise anonymous mental health screenings, and the use of CCAPs 62. The Care Report allows students, staff, faculty, and community members to report (anonymously if needed), concerns they may have for a JJC student. This includes concerns for mental health well-being, basic needs housing or food insecurity, or other challenges a student may not be reporting directly to the program. This has increased the outreach to students of concerns by the program.

Both MindWise and CCAPs 62 have the ability to screen for risk for AOD use and abuse. MindWise is an anonymous mental health screening tool all students can access 24/7 to complete screenings on a variety of mental health concerns, including substance and alcohol use. If a risk is identified, students are informed of services on campus and encouraged to make an appointment online, also available 24/7. CCAPs 62 is the Counseling Center Assessment of Psychological Symptoms that asks 62 questions to assess for eight distinct subscales relating to levels of distress. One of the subscales is focused on alcohol and other substance use. This assessment is provided to students receiving direct mental health services through the program and is used to monitor progress.

To further support the needs of students, the program also develops programming to support staff, faculty, and adjunct on topics that help support students, including crisis intervention, navigating the connection to student services, and recognizing a student in need. They are trained in the various procedures and support in place for students and are provided the tools to assist students in connecting to services when a concern arises.

#### Office of Student Activities and Wellness

The OSA staff offers educational health related programs for students. JJC continues to use the 7 Cups Mental Wellness platform, which provides anonymous peer



support for students during the academic year. Also, during the 2020-2021 academic year, an Active Minds club was chartered on campus, which is a student organization whose mission is to provide mental health support for the student body. Other wellness related events, which provide AOD prevention efforts, included: Wellness Week, blood drives, HIV testing, Mental Health First Aid Training and certifications, and classroom presentations. During the 2020-2021 academic year, 126 students attended educational wellness related programs and 29 different Wellness programs were offered. During the 2021-2022 academic year 488 students attended educational wellness related programs and 55 Wellness programs were offered. It is important to note the JJC community moved from in person learning to all remote learning during March 2020 and remained remote for the 2020-2021 academic year. Part-time in-person learning returned in the 2021-2022 academic year. Overall satisfaction with Wellness programming remains high with the student population. In 2020-2021, students expressed a satisfaction score of 4.91 out of 5 with the wellness programs. In 2021-2021, students expressed a satisfaction score of 4.68 out of 5 with the wellness programs.

Additionally, there are many other wellness activities that educate students about alcohol and other drugs, directly or indirectly, or teach students about ways to relieve stress. Some of these programs include stress relief, community service, wellness fair, sexual responsibility, domestic violence, sexual assault, and nutrition.

There are approximately 25 student clubs and organizations at JJC that offer educational programs, social events, community service, and travel opportunities. All clubs and organizations on campus are required to host an all-campus event, all of which are alcohol and drug-free opportunities for students.

### Employee Trainings

JJC has actively pursued options for employee trainings during the 2020-2021 and 2021-2021 academic years. The college has adopted Safe Colleges Training online for annual employee training requirements.

**Drug Free Workplace** - The goal of the course is to provide employees with an understanding of drug and alcohol abuse in the workplace. The course reviews the Drug Free Workplace Act, recognizing the signs of substance abuse and addiction, and knowing your role in fighting substance abuse on the job. During Academic Year 2020-2021 and Academic Year 2021-2022, 1195 employees and consultants/contractors completed this training, which is required every other year (as verified in Safe Colleges).

The training program does include an optional module for Reasonable Suspicion for Drug and Alcohol Use in the Workplace. During Academic Year 2020-2021 and Academic Year 2021-2022, 16 employees completed this training, which is required every other year (as verified in Safe Colleges).

The program also offers an optional module for Student Drug and Alcohol Abuse, which provides support for educators to assist in substance abuse prevention efforts. The goal of this course is to provide an overview of student substance abuse and the role of

educators in substance abuse prevention. The course helps staff members identify and respond to general substance abuse issues involving students. The course examines student substance abuse facts, trends, symptoms, and dangers, identifies risk and protective factors that influence attitudes and behaviors regard to substance use, discuss the role of educational institutions in substance abuse prevention, and examines different situations involving substance abuse during which a staff member may need to intervene to protect a student. During Academic Year 2020-2021 and Academic Year 2021-2022, 4 employees completed this training.

**Prescription Drug Abuse: Impact on Students** - Prescription drug abuse is a substantial problem on today's campuses, and college students have a higher likelihood of misusing prescription stimulants, often referred to as "study drugs," than their noncollege peers. Faculty and staff play a critical role in providing knowledge and raising awareness among students. The course provides faculty and staff with an overview of prescription drug abuse, its causes and effects, and ideas for increasing awareness among the campus community. During Academic Year 2020-2021 and Academic Year 2021-2022, 5 employees completed this optional training.

**Reasonable Suspicion for Drug and Alcohol Use in the Workplace** - The objective of this course is to train administrators and supervisors on the risks of drug and alcohol use by employees, the skills to recognize use of drugs and alcohol, the skills to confront an employee who may be using drugs or alcohol, and the procedures for documenting reasonable suspicion cases. During Academic Year 2020-2021 and Academic Year 2021-2022, 16 employees completed this optional training.

## NORMATIVE ENVIRONMENT

### Administration

The JJC administration is very supportive of creating an educational and work environment that promotes health and safety for all employees, students, and visiting community members. OSA staff works to promote a positive social norm and pro-health message in an effort to reduce high-risk behavior, which can affect a student's academic success or affect an employee's work environment.

JJC's Drug-Free Schools and Communities Act Policy (3.14.00) was adopted in 1990, and amended in 2001, 2018, and 2022. This Policy addresses the standards of conduct expected by all employees, students, and community members, prohibited conduct, and disciplinary sanctions. All Board of Trustees policies can be found at <https://www.jjc.edu/about-jjc/college-leadership/board-trustees>.

The college also became a smoke-free campus on July 1, 2015, following the signing of the Illinois Smoke Free Campus Act in 2014. The JJC Board Policy (11.07.00) was approved by the JJC Board of Trustees in 1988 and revised in 1989, 1996, 2008, 2015, and 2018. This smoking prohibition includes carrying, smoking, burning, inhaling or exhaling any kind of lighted pipe, cigar, cigarette, hookah, weed, herbs, or other lighted smoking equipment. Also prohibited are e-cigarettes or vapor cigarettes. Violations may be enforced by the issuance of citations carrying up to a \$250

fine, use of the employee disciplinary process or through the Student Code of Conduct. This includes all six campuses and extension centers. The college also provided resources for assistance to quit smoking for employees and students. More information about the college's efforts on this policy can be found at <http://www.jjc.edu/campus-police/Pages/smoke-free-campus.aspx>.

### Office of Student Rights and Responsibilities

The Office of Student Rights and Responsibilities is responsible for JJC's Student Code of Conduct, Academic Honor Code, and Behavior Intervention Team. These efforts support a normative environment free of alcohol and other drugs, provide personal support, and disciplinary sanctions, if necessary. The OSSR staff provides several opportunities for employees and students to learn about JJC student policies including trainings, classroom presentations, webpages, and written materials. Faculty and employees are encouraged to review all materials on the OSRR website.

### Residential

Since the 2017-2018 academic year the college does not provide or support any residential areas. However, the Care Report provides an avenue for family members, peers, roommates, or other community members to report (anonymously, if chosen) any concerns they may have for a JJC student off-campus. This allows Student Mental Health & Wellness staff to reach out to students in need and students of concern.

### Athletics

All student-athletes are required to meet the standards of the Student Code of Conduct. The Student Code of Conduct is reviewed with all student-athletes during an Athletics Orientation. Additionally, teams at Joliet Junior College are governed by the rules and guidelines of the National Junior College Athletic Association (NJCAA) and the N4C conference. The NJCAA finds the use of drugs and/or alcohol, tobacco (including but not limited to e-cigarettes, vaping, etc.) as unacceptable forms of behavior. Furthermore, NJCAA offers a position statement on substance use and abuse that focuses providing a competitive environment free from drugs and/or other substance use and abuse. NJCAA also requires member institutions to develop awareness and education, institutional policies, plan for referral and treatment, and other resources as it relates to alcohol, tobacco, drugs, and other controlled substances.

### Culinary Arts and Hospitality Management

The use of alcohol on campus is restricted to the Culinary Arts and Hospitality Management programs. The Hospitality Program offers a wine class as an elective. In the Culinary Arts Department, a beverage pairing class is offered which involves wine and spirits. In accordance with Illinois law, all students must show proof of ID and be of legal drinking age to taste and consume the alcoholic beverages sampled. Students between 18 and 21 years of age are allowed to "sip and spit" the alcohol but are not allowed to swallow it as long as this class is part of their curriculum of study and the

alcohol service is controlled and monitored by an instructor. The Culinary Arts Department has a restaurant that is open to the public, which also serves beer and wine during the Friday night dinner service. Guests must be 21 years of age to purchase and consume alcohol during the Friday night service. There are also large community events that are hosted by the Culinary Arts Department, and the department carries a liquor license for these events.

### Marketing and Promotion of Alcohol

There is no alcohol advertising on campus. Advertising for the purpose of sales or for services is prohibited. More information can be found in the Free Speech and Expression Board Procedure 3.11.00.01.

## POLICY, ENFORCEMENT, AND COMPLIANCE

All students at JJC are expected to demonstrate qualities of integrity, fair-mindedness, honesty, civility, tolerance, and respect. These values are important to the learning environment and are expected to be exhibited in the conduct of the entire college community, both in and out of the classroom setting.

Listed below are violations and sanctions recorded by the OSRR and crime statistics from the JJC Police Department. All data indicated below is managed by the identified office.

### Office of Student Rights and Responsibilities

The JJC Student Code of Conduct was reviewed during the 2018-2019 academic year, this effort was led by the OSRR staff with the support of a diverse employee committee. Changes were made based on current student trends, new policies at JJC, state and federal laws, and best practices within higher education. The review process was completed and became effective in May 2020.

Both policies and sanctions are identified and explained in the Code of Conduct. This information can be found in the following locations: the JJC Student Handbook, JJC Website, and in the OSRR.

The OSRR staff is responsible for internal case management and the Behavioral Intervention Team (BIT). The OSRR provides referrals for students, manages students' cases, provides outside agency referrals to supportive services, and tracks student progress. The OSRR staff, in conjunction with the Dean of Students, is responsible for following-up on the best course of action for student success. This may include educational programs for alcohol and drug abuse/addiction services. When necessary, BIT will review cases for students needing special assistance with personal concerns, mental health, educational challenges, and social challenges that may affect student success. More information about OSRR can be found at <https://www.jjc.edu/behavioral-intervention-team>.

**JJC Dean of Students Office (Office of Student Rights and Responsibilities) (Recorded by Academic Year)**

All Campuses, Education Center and Centennial Commons	2020-2021	2021-2022
Drug Abuse Violations	0	0
Alcohol Violations	1	0

**JJC Dean of Students Office (Office of Student Rights and Responsibilities) Sanctions (Recorded by Academic Year)**

All Campuses, Education Center and Centennial Commons	2020-2021	2021-2022
Sanctions for Addictions Life Skills Classes	0	0
Sanctions for 3 <sup>rd</sup> Millennium Classroom Marijuana 101 (online program)	0	0
Sanctions for 3 <sup>rd</sup> Millennium Classroom Under the Influence (alcohol program) (online program)	1	0
Completed Sanctions for 3rd Millennium Classroom Marijuana 101 (online program)	0	0
Completed Sanctions for 3rd Millennium Classroom Alcohol 101 (online program)	0	0

**JJC Dean of Students Office (Office of Student Rights and Responsibilities) Case Load (Recorded by Academic Year)**

All Campus, Education Center and Centennial Commons	2020-2021	2021-2022
Number of cases supported by the Dean of Students Office (OSRR) Staff	16	158

## Joliet Junior College Police Department

The JJC Police Department works to maintain the safety and security of all faculty, staff, and students on campus. This includes enforcing all federal and state laws and the Student Code of Conduct. The Annual Security Report (ASR) is mandated by the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act. It contains valuable information regarding crime, safety, and related programs at JJC and can assist individuals in making decisions regarding personal safety. The report includes crime statistics for the past several years as well as statements of college policy regarding a number of crimes, and safety related topics. To view the full report visit the JJC Police Department website at <https://www.jjc.edu/about-jjc/college-leadership/administration/finance-administrative-services/police-and-safety>.

## ASSESSMENT

## MindWise

To further develop our assessment tools and identify student mental health concerns, JJC started using MindWise in Fall of 2018. MindWise is an anonymous mental health screening that students can access from our Mental Health and Wellness webpage. Mindwise provides students an opportunity to screen for issues relating to anxiety, depression, trauma, alcohol misuse, substance use, and other mental health concerns. Students have the option to complete a specific screening (i.e. anxiety), a wide range screening (review of various issues) or complete a general wellbeing screening. Regardless of the screening completed, if the screen indicates that a student may be dealing with a mental health concern, the student is provided with information on how to connect with the Student Mental Health and Wellness Program and encouraged to set an appointment.

For year 2020-2021, a total of 372 screenings were completed by students. For this particular year, 41% of screenings completed by students were wide range screening, which screened for multiple mental health concerns. Additionally, 17% of total screens were for generalized anxiety concerns, and 17% were for depression concerns. Minimal screenings were completed for alcohol misuse or substance use, which only made up 2% of the screenings.

For year 2021-2022, a total of 417 screenings were completed by students. For this year, the most used screening was the wide range screening, which accounted for 41% of the total screenings. The top three specific screenings were generalized anxiety (19%), depression (15%), and bipolar (10%). Once again, minimal screenings for alcohol or substance use were taken by students, which accounted for 2% of total screenings.

While students are not necessarily taking the alcohol misuse or substance use specific screenings, seeing that students are seeking screenings for depression and anxiety, there is always the risk and possibility that students may turn to alcohol or substances to help manage symptoms and cope with challenges. Students may recognize there is a concern for their mental health but may not connect a concern with their alcohol intake or substance use.

#### CCAPs 62

CCAPs 62 is the Counseling Center Assessment of Psychological Symptoms (CCAPS) Instruments developed by the Center for Collegiate Mental Health. All students that receive direct services from the Student Mental Health & Wellness Program are asked to complete the CCAPs 62 prior to the first appointment. When possible, students are administered the CCAPs 62 again to monitor progress. The CCAPs-62 measures levels of distress in eight distinct subscales, including substance use. Other areas of distress include depression, anxiety (generalized & social), academics, eating concerns, family, and frustration/anger. Students are also assessed for any suicidal or homicidal ideations or risk.

CCAPs 62 was not introduced to the program until 2021-2022. During this year, 169 students were assessed using the CCAPs 62 prior to their first appointment, during the initial trial roll out for CCAPs 62. CCAPs reporting tool allows for a national comparison to local (JJC) data. For the year 2021-2022, the JJC average score for the substance use subscale was .43 compared to the national substance use subscale of .62. This score indicates that there is a 42.67% likelihood that a student engaging in direct mental health services will have a lower mean subscale score compared to national means.

In addition to CCAPs 62, students receiving direct mental health services on campus are assessed by Licensed Clinical Professional Counselors (LCPC) and engage in a full bio-psycho-social assessment with their assigned worker. During these assessments, students are assessed for various levels of functioning as well as coping strategies, including substance and alcohol use.

## 7Cups

Working to provide other assessable spaces, JJC also implemented 7Cups as a student resource. 7Cups is an emotional web-based support system for students. Individuals who are seeking personal connections, feeling lonely or depressed, or seeking emotional support can connect with the 7Cups app or webpage. In addition, students can develop their own wellness plan and find information on topics that are affecting current college students including, but not limited to, anxiety, depression, alcohol and other drugs, grieving, healthy relationships, parenting, stress management, and more. The program is available on-demand and used by more than 130,000 people, from 180 countries, each week. The JJC platform is customized to refer students back to JJC and local resources.

The program was launched in January 2019. During the 2020-2021 academic year, 47 new students created accounts on 7Cups and during the 2021-2022 academic year, 30 new students created accounts. There were 4,696 1-on-1 supportive chats in the 2021-2021 academic year and 228 1-on-1 supportive chats in the 2021-2022 academic year. The top reasons students participated in the 7Cups platform included: Anxiety, General Mental Health, Depression, Student Life, Self-Esteem, Managing Emotions, Relationship Stress, and Work Stress.

## IMPROVEMENTS

During the past two academic years several improvements have been made to improve alcohol and other drug prevention education and support services for students. While some improvements were stated above, the full list is compiled below.

### Student Mental Health and Wellness

With the shift of remote services due to the COVID-19 pandemic, the program developed the Care Report tool to allow staff, faculty, students, and community members to report concerns relating to a JJC student. This allowed for a further connection to students of concerns and allow Student Mental Health & Wellness Program with more identification of students in need to conduct outreach. This initiative was not rolled out until Spring 2021, but has immediately gained traction among staff, faculty, and students to support the needs of students.

The program continues to provide training and guidance with staff, faculty, and students to better understand and learn of the benefits of using this new reporting system to support students. For 2021-2022, 20 students were outreached to during the soft launch of the system. Since then, the tool has continued to increase in use and it is predicted numbers of outreach will increase significantly as more individuals learn about its use.

Another improvement has been the use of the CCAPs 62 instrument, which allows clinical staff to identify areas of concern and risk for students prior to the first appointment. This allows clinical staff to tailor their in-person assessment to further

gather information relating to specific concerns and develop a treatment plan that is more inclusive and effective to support students' needs. It also allows the program to identify trends and use analysis to compare data collected through MindWise to determine if students are being targeted effectively.

As students return to campus for in-person classes, the Student Mental Health & Wellness Program looks to return to certain initiatives prior to the pandemic. This includes hosting in-person therapeutic support groups, more in-student engagements, and more awareness to AOD education and support. The program looks to host a 'Wellness Fair' on campus to support connecting students to valuable resources on campus, as well as educate students on the implications of substance use. The program looks to partner with the Will County Behavioral Department to provide Narcan training as well as develop a partnership that allows for a better referral system to off-campus support.

### Office of Student Rights and Responsibilities

The code of Conduct was updated 3/16/2020. This included information regarding the change in State Law regarding the use of cannabis.

1. **Drugs.** The possession, use, distribution, or manufacture of controlled substances 21 U.S.C. Sec. 802) on College premises or during College-sponsored activities where such possession, use, distribution, or manufacture is illegal under federal, state, or local law is prohibited. This is in accordance with Joliet Junior College policy and the Federal Drug Free School Act.
2. **Illegal Drugs.** Possessing, using, manufacturing, distributing, or selling illegal drugs or drug paraphernalia, including the misuse of prescription and/or over the counter medications. Marijuana is no longer a crime under Illinois law (Cannabis Regulation and Tax Act 2020), the possession and use of marijuana remains illegal under federal law, as outlined in Board Policy 03.14.00 Drug Free Schools and Communities Act. Consistent with federal law, including the Controlled Substances Act and the Drug Free Schools and Communities Act, the use and/or possession of marijuana in any form is prohibited on campus and/or on any property owned, leased or operated by Joliet Junior College.
3. **Misuse of legal substances,** use of general products as intoxicants or "means to get high"; and inhaling or ingesting a substance (including but not limited to nitrous oxide, glue, paint, gasoline, solvent, etc.) other than in connection with its intended purpose is also prohibited. For further information regarding Medical Cannabis use please see Board Policy 11.05.00.
4. **Use of a prescription drug other than by the person to whom the drug is prescribed and in accordance with the prescription is prohibited.** This includes sharing drugs such as Ritalin or Adderall. Abuse, misuse, sale, or distribution of prescription or over-the-counter medications is also prohibited.

### Assessment



During the spring of 2018, new assessments were administered. The IHEC site visit was used to identify college efforts pertaining to AOD efforts and the Core Survey was administered to identify trends in AOD usage.

### On-line Trainings for Students and Employees

JJC is working to ensure that employees have ample opportunity to receive training and meet requirements for mandated trainings. Online training opportunities are provided for all employees through Safe Colleges.

### Community Resources Manual

A full review and revision of the Community Resources Manual used by JJC employees, in Student Development departments, was completed to serve as a resource and referral of community services.

Additionally, the Student Mental Health & Wellness Program works diligently to maintain rapport and efforts with off-campus agencies and resources in order to support the referral of students to treatment and support in the community. These efforts are conducted by meeting with partners on a yearly basis during an annual event that allows for the update of new supports, programs, and contact information for referral to off-campus resources.

## GOALS

Future goals pertaining to AOD efforts at JJC include the following:

- Implementation of evidence-based online tools to ensure that all students at the community college have access to AOD information.
- Include AOD information as part of the New Student Orientation Program for Athletes.
- Seek additional training opportunities for employees to develop AOD policies and programs.
- Increase students' understanding of the impact of AOD misuse and abuse.
- Continue building rapport and establish MOU's with off-campus AOD counseling sites for referrals and services for students.
- Develop and implement a better system for referral of students to off-campus AOD support and the tracking of these referrals.
- Engage with community efforts as it relates to the reduction of AOD risk and use.
- Develop opportunities for students to learn alternative coping skills to manage stress, anxiety, depression, and other mental health symptoms to reduce the need to engage in AOD for coping.

## CONCLUSION

The Student Development Division will continue to provide services and programs which support the academic mission of the institution and student success. Collectively, our goal is to provide students with the education and resources needed to make healthy and informed decisions regarding one's own personal health and wellness.

During the biennial review process, several departments provided information and supporting documents that allow for a full review of AOD efforts on campus. The information is reviewed and compiled in conjunction with the Office of Student Rights and Responsibilities, Joliet Junior College Police Department, Student Mental Health and Wellness, and the Office of Student Activities and Wellness.

The review focused on alcohol and drug policy, related programs, services, and enforcement practices for the academic years of 2020-2021 and 2021-2022. All components work together to ensure that JJC students and employees are provided information and resources that promote a safe and healthy environment that attempts to mitigate risk as it pertains to alcohol and other drug use.

## REFERENCES

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**Joliet Junior College**  
**Drug-Free Schools and Campuses Regulations [EDGAR Part 86]**  
**Alcohol and Other Drug Prevention Certification**

Joliet Junior College adopted and implemented an alcohol and other drug prevention program for its students and employees that, at a minimum, includes a Drug-Free Workplace Policy, Code of Conduct, campus and community resources, and prevention programs.

**1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:**

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities
- A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
- A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs that are available to employees or students
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

**2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:**

- Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention programs and policies, if they are needed.
- Ensure that its disciplinary sanctions are consistently enforced.

Joliet Junior College  
1215 Houbolt Road  
Joliet, IL 60431

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Dr. Yolanda Farmer, Executive Vice President

*Dr. Yolanda Farmer*  
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Signature

*3/17/2023*  
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Date

\_\_\_\_\_  
IRS Employer Identification Number

*815-280-2880*  
\_\_\_\_\_  
Telephone Number

*yisaacs@jjc.edu*  
\_\_\_\_\_  
E-mail address