

**Survey of Entering Student Engagement - Joliet Junior College (2023 Administration)**  
**2023 Frequency Distributions - Student Mental Health and Well-being**

Comparison Group: Large Colleges\*

Entering Students Only

[Weighted]

Item	Variable	Responses	Your College		Large Colleges		Student Mental Health and Well-being Participants	
			Count	Percent	Count	Percent	Count	Percent
1. At this college, I feel that students' mental health and emotional well-being is a priority.	COLLQ1132	Strongly Disagree	28	16.1	524	19.2	2,380	19.1
		Disagree	12	7.1	336	12.3	1,323	10.6
		Agree	81	47.1	1,440	52.7	6,375	51.3
		Strongly Agree	51	29.7	430	15.8	2,352	18.9
		Total	172	100.0	2,730	100.0	12,430	100.0
2. Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?	COLLQ1133	Not at all	81	47.1	1,080	39.2	5,107	41.0
		Several days	65	37.7	1,066	38.7	4,657	37.4
		More than half the days	12	7.2	359	13.0	1,643	13.2
		Nearly every day	14	7.9	249	9.0	1,042	8.4
		Total	172	100.0	2,754	100.0	12,450	100.0
3. Over the last 2 weeks, how often have you been bothered by feeling down, depressed, or hopeless?	COLLQ1134	Not at all	106	62.8	1,466	53.3	6,539	52.6
		Several days	37	22.1	805	29.3	3,783	30.4
		More than half the days	15	9.1	294	10.7	1,229	9.9
		Nearly every day	10	5.9	183	6.6	885	7.1
		Total	168	100.0	2,748	100.0	12,436	100.0
4. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious, or on edge?	COLLQ1135	Not at all	81	47.3	846	30.9	4,138	33.3
		Several days	51	29.5	1,095	39.9	4,883	39.3
		More than half the days	26	15.0	442	16.1	1,796	14.5
		Nearly every day	14	8.2	358	13.1	1,598	12.9
		Total	172	100.0	2,741	100.0	12,415	100.0

\* The comparison group and module participants columns on this page EXCLUDE your college.

**Survey of Entering Student Engagement - Joliet Junior College (2023 Administration)**  
**2023 Frequency Distributions - Student Mental Health and Well-being**

Comparison Group: Large Colleges\*

Entering Students Only

[Weighted]

Item	Variable	Responses	Your College		Large Colleges		Student Mental Health and Well-being Participants	
			Count	Percent	Count	Percent	Count	Percent
5. Over the last 2 weeks how often have you been bothered by not being able to stop or control worrying?	COLLQ1136	Not at all	108	63.5	1,275	46.5	5,902	47.5
		Several days	35	20.8	826	30.1	3,772	30.3
		More than half the days	14	8.0	372	13.6	1,483	11.9
		Nearly every day	13	7.7	271	9.9	1,281	10.3
		<b>Total</b>	<b>171</b>	<b>100.0</b>	<b>2,745</b>	<b>100.0</b>	<b>12,438</b>	<b>100.0</b>
6. In the past 12 months, I have needed help for emotional or mental health problems such as feeling sad, blue, anxious, or nervous.	COLLQ1137	Strongly Disagree	77	44.7	1,175	42.9	5,053	40.5
		Disagree	23	13.1	425	15.5	2,076	16.6
		Neither Agree nor Disagree	33	18.9	472	17.2	2,282	18.3
		Agree	28	16.4	415	15.1	1,996	16.0
		Strongly Agree	12	6.9	254	9.3	1,072	8.6
<b>Total</b>	<b>172</b>	<b>100.0</b>	<b>2,740</b>	<b>100.0</b>	<b>12,480</b>	<b>100.0</b>		
7. If you needed to seek professional help for your mental or emotional health while attending this college, you would know where to go.	COLLQ1138	Strongly Disagree	13	7.8	465	17.0	2,084	16.7
		Disagree	27	15.8	499	18.2	2,326	18.7
		Neither Agree nor Disagree	36	20.9	531	19.4	2,439	19.6
		Agree	77	44.6	849	31.0	3,757	30.1
		Strongly Agree	19	10.9	394	14.4	1,858	14.9
<b>Total</b>	<b>172</b>	<b>100.0</b>	<b>2,739</b>	<b>100.0</b>	<b>12,465</b>	<b>100.0</b>		
8. If you needed help with your mental health and emotional well-being, what would be the greatest barrier that would keep you from seeking that help?	COLLQ1139	Lack of resources (money, time, transportation)	43	25.2	607	23.0	3,061	25.2
		I worry about what others will think of me	17	10.1	394	15.0	1,800	14.8
		I do not know where to seek help	20	11.7	241	9.1	1,039	8.6
		I do not know what kind of help I need	41	24.3	645	24.5	2,854	23.5
		Other	49	28.7	747	28.4	3,377	27.8
<b>Total</b>	<b>170</b>	<b>100.0</b>	<b>2,632</b>	<b>100.0</b>	<b>12,132</b>	<b>100.0</b>		

\* The comparison group and module participants columns on this page EXCLUDE your college.

**Survey of Entering Student Engagement - Joliet Junior College (2023 Administration)**  
**2023 Frequency Distributions - Student Mental Health and Well-being**

Comparison Group: Large Colleges\*

Entering Students Only

[Weighted]

Item	Variable	Responses	Your College		Large Colleges		Student Mental Health and Well-being Participants	
			Count	Percent	Count	Percent	Count	Percent
9. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, whom would you most prefer to talk to about this?	COLLQ1140	Trained mental health provider (e.g., psychiatrist, psychologist, counselor, or	53	31.0	824	31.2	3,991	32.9
		Someone who works at this college who is not a trained mental health provider	4	2.0	76	2.9	386	3.2
		Friend, partner, or family member	95	55.3	1,440	54.6	6,402	52.7
		Someone from your cultural community (identity-based, faith-based, etc.)	1	0.8	102	3.9	323	2.7
		Other	19	10.8	197	7.5	1,039	8.6
		Total	172	100.0	2,639	100.0	12,142	100.0
10. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, which of the following supports from a trained mental health provider would you most prefer to use?	COLLQ1141	In-person, individual counseling or therapy	128	74.5	2,002	77.0	9,214	76.7
		In-person, group therapy or a support group	6	3.8	155	6.0	760	6.3
		Teletherapy (counseling or therapy via the phone, video, text, messaging)	21	12.4	261	10.0	1,272	10.6
		Peer counseling from a trained peer	12	7.2	135	5.2	551	4.6
		Crisis hotline (number to call or text during a mental health crisis to reach a trained	4	2.1	47	1.8	217	1.8
		Total	172	100.0	2,601	100.0	12,014	100.0
11. If you needed help with your mental health and emotional well-being, how important is it to you that your mental health provider understands your cultural community (racial/ethnic identity, gender identity, religious identity, LGBTQIA+ identity, etc.)?	COLLQ1142	Not at all important	50	29.1	773	29.5	3,564	29.5
		Somewhat important	36	20.8	574	22.0	2,527	20.9
		Important	57	33.1	553	21.1	2,619	21.7
		Very important	12	7.1	343	13.1	1,611	13.3
		Absolutely essential	17	9.8	373	14.3	1,760	14.6
		Total	172	100.0	2,616	100.0	12,082	100.0
12. How likely is it that issues with mental health or emotional well-being would cause you to withdraw from class(es) or from this college?	COLLQ1143	Not likely	127	74.4	1,649	63.1	7,560	62.5
		Somewhat likely	33	19.3	620	23.7	2,845	23.5
		Likely	6	3.4	205	7.8	1,000	8.3
		Very likely	5	2.9	141	5.4	694	5.7
		Total	171	100.0	2,616	100.0	12,100	100.0

\* The comparison group and module participants columns on this page EXCLUDE your college.

## Colleges in the Comparison Group

Comparison Group: Large Colleges

Institution	State	Year
Antelope Valley College	CA	2023
Central Texas College	TX	2023
Daytona State College	FL	2023
Guilford Technical Community College	NC	2023
McHenry County College	IL	2023
Montgomery County Community College	PA	2023
Pellissippi State Community College	TN	2023
Santa Fe College	FL	2023
Tyler Junior College	TX	2023