

**Community College Survey of Student Engagement - Joliet Junior College (2023 Administration)**  
**Frequency Distributions - Community College Student Mental Health and Well-Being**

[Weighted]

Item	Variable	Responses	Your College		Large Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
6. At this college, I feel that students' mental health and emotional well-being is a priority.	COLLQ8666	Strongly disagree	48	7.2	718	8.3	4,669	9.3
		Disagree	40	5.9	1,039	12.0	6,167	12.3
		Agree	356	53.3	4,811	55.5	27,315	54.4
		Strongly agree	225	33.6	2,097	24.2	12,097	24.1
		Total	668	100.0	8,666	100.0	50,249	100.0
7. Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?	COLLQ8667	Not at all	302	45.4	3,562	41.0	20,574	40.9
		Several days	220	33.0	3,080	35.5	17,446	34.7
		More than half the days	73	10.9	1,092	12.6	6,845	13.6
		Nearly every day	72	10.7	951	11.0	5,461	10.9
		Total	666	100.0	8,685	100.0	50,327	100.0
8. Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	COLLQ8668	Not at all	354	53.2	4,285	49.6	24,981	49.9
		Several days	205	30.8	2,665	30.8	15,333	30.6
		More than half the days	70	10.5	961	11.1	5,630	11.2
		Nearly every day	37	5.6	736	8.5	4,164	8.3
		Total	666	100.0	8,647	100.0	50,107	100.0

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9. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	COLLQ8669	Not at all	258	38.8	2,978	34.3	16,996	33.8
		Several days	237	35.8	3,152	36.3	18,165	36.2
		More than half the days	93	14.1	1,263	14.6	7,732	15.4
		Nearly every day	75	11.3	1,281	14.8	7,324	14.6
		Total	663	100.0	8,674	100.0	50,216	100.0
10. Over the last 2 weeks, how often have you been bothered by not being able to stop or control worrying?	COLLQ8670	Not at all	341	51.0	3,963	45.7	22,653	45.1
		Several days	202	30.2	2,629	30.3	15,145	30.2
		More than half the days	75	11.2	1,048	12.1	6,252	12.5
		Nearly every day	50	7.5	1,026	11.8	6,151	12.3
		Total	669	100.0	8,666	100.0	50,202	100.0
11. In the past 12 months, I have needed help for emotional or mental health problems such as feeling sad, blue, anxious, or nervous.	COLLQ8671	Strongly disagree	206	30.8	2,725	31.4	16,942	33.8
		Disagree	111	16.6	1,396	16.1	8,095	16.1
		Neither agree nor disagree	136	20.4	1,538	17.7	8,838	17.6
		Agree	127	19.0	1,876	21.6	10,227	20.4
		Strongly agree	89	13.3	1,132	13.1	6,085	12.1
		Total	669	100.0	8,668	100.0	50,188	100.0

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12. If you needed to seek professional help for your mental or emotional health while attending this college, you would know where to go.	COLLQ8672	Strongly disagree	64	9.5	1,123	13.0	7,191	14.4
		Disagree	82	12.3	1,342	15.5	7,866	15.7
		Neither agree nor disagree	144	21.5	1,845	21.4	10,328	20.7
		Agree	247	36.9	2,903	33.6	16,558	33.1
		Strongly agree	132	19.8	1,428	16.5	8,064	16.1
		Total	669	100.0	8,641	100.0	50,007	100.0
13. If you needed help for your mental health and emotional well-being in the past 12 months, how often have you sought such help?	COLLQ8673	Never	197	29.6	2,693	31.2	16,181	32.4
		Rarely	131	19.7	1,949	22.6	10,835	21.7
		Often	115	17.3	1,374	15.9	7,780	15.6
		Very often	57	8.6	759	8.8	3,951	7.9
		I have not needed help for my mental health and emotional well-being	165	24.8	1,865	21.6	11,254	22.5
		Total	664	100.0	8,640	100.0	50,001	100.0
14. If you needed help with your mental health and emotional well-being, what would be the greatest barrier that would keep you from seeking that help?	COLLQ8674	Lack of resources (money, time, transportation)	211	31.7	2,875	33.6	15,768	31.9
		I worry about what others will think of me	72	10.9	951	11.1	6,103	12.3
		I do not know where to seek help	38	5.6	586	6.9	3,231	6.5
		I do not know what kind of help I need	140	21.0	1,666	19.5	9,183	18.6
		Other	205	30.8	2,469	28.9	15,187	30.7
		Total	666	100.0	8,547	100.0	49,472	100.0

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			Count	Percent	Count	Percent	Count	Percent
15. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, whom would you most prefer to talk to about this?	COLLQ8675	Trained mental health provider (e.g., psychiatrist, psychologist, counselor, or social worker, etc.)	290	43.7	3,496	40.7	18,403	37.0
		Someone who works at this college who is not a trained mental health provider	15	2.2	229	2.7	1,425	2.9
		Friend, partner, or family member	291	43.9	3,958	46.0	24,217	48.7
		Someone from your cultural community (identity-based, faith-based, etc.)	12	1.9	245	2.9	1,613	3.2
		Other	55	8.3	670	7.8	4,060	8.2
		Total	664	100.0	8,598	100.0	49,719	100.0
16. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, which of the following supports from a trained mental health provider would you most prefer to use?	COLLQ8676	In-person, individual counseling or therapy	516	78.4	6,162	72.6	36,224	73.8
		In-person, group therapy or a support group	27	4.1	460	5.4	2,709	5.5
		Teletherapy (counseling or therapy via the phone, video, text, messaging)	84	12.7	1,392	16.4	7,281	14.8
		Peer counseling from a trained peer	23	3.5	303	3.6	1,994	4.1
		Crisis hotline (number to call or text during a mental health crisis to reach a trained responder)	9	1.3	167	2.0	886	1.8
		Total	658	100.0	8,484	100.0	49,094	100.0
17. If you needed help with your mental health and emotional well-being, how important is it to you that your mental health provider understands your cultural community (racial/ethnic identity, gender identity, religious identity, LGBTQIA+ identity, etc.)?	COLLQ8677	Not at all important	155	23.4	2,251	26.2	13,573	27.4
		Somewhat important	124	18.8	1,660	19.3	9,346	18.9
		Important	154	23.3	1,867	21.7	10,807	21.8
		Very important	105	15.9	1,343	15.6	7,802	15.7
		Absolutely essential	123	18.6	1,464	17.1	8,014	16.2
		Total	662	100.0	8,586	100.0	49,542	100.0

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			Count	Percent	Count	Percent	Count	Percent
18. In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	COLLQ8678	None	304	45.9	3,740	43.5	22,056	44.4
		1-2 days	217	32.7	2,212	25.7	12,660	25.5
		3-5 days	71	10.8	1,443	16.8	8,058	16.2
		6 or more days	71	10.6	1,205	14.0	6,893	13.9
		<b>Total</b>	<b>663</b>	<b>100.0</b>	<b>8,599</b>	<b>100.0</b>	<b>49,667</b>	<b>100.0</b>
19. How likely is it that issues with mental health or emotional well-being would cause you to withdraw from class(es) or from this college?	COLLQ8679	Not likely	411	62.4	5,314	61.8	31,513	63.4
		Somewhat likely	172	26.1	1,910	22.2	10,763	21.7
		Likely	40	6.0	824	9.6	4,311	8.7
		Very likely	36	5.4	550	6.4	3,091	6.2
		<b>Total</b>	<b>658</b>	<b>100.0</b>	<b>8,597</b>	<b>100.0</b>	<b>49,678</b>	<b>100.0</b>
20. In the past 12 months have you needed help with substance use issues?	COLLQ8680	No	619	93.5	7,834	91.0	45,795	91.9
		Yes	11	1.6	230	2.7	1,214	2.4
		I am not sure	15	2.3	305	3.5	1,504	3.0
		I prefer not to respond	18	2.6	239	2.8	1,308	2.6
		<b>Total</b>	<b>662</b>	<b>100.0</b>	<b>8,608</b>	<b>100.0</b>	<b>49,821</b>	<b>100.0</b>

## Colleges in the Comparison Group

Comparison Group: Large Colleges

Institution	State	Year
Central Texas College	TX	2023
Community College of Rhode Island	RI	2023
Del Mar College	TX	2023
Evergreen Valley College	CA	2023
Florida SouthWestern State College	FL	2023
Guilford Technical Community College	NC	2023
Jefferson Community and Technical College	KY	2023
Kirkwood Community College	IA	2023
McHenry County College	IL	2023
Metropolitan Community College	NE	2023
Mt. San Jacinto College	CA	2023
Palo Alto College	TX	2023
Pellissippi State Community College	TN	2023
Pikes Peak State College	CO	2023
Southeast Community College	NE	2023