



2021-2022 Completion Guide
Associate in Arts, Kinesiology Transfer, TR-010
ICCB Approved Total Program Hours: 64 Semester Hours

Date: 5/18/21

The following schedule is based on full-time enrollment. Students planning to transfer to a senior institution should check with that institution for specific transfer requirements.

Program Prerequisites

T= Traditional H = Hybrid W = Web

First Semester						
Course	Title	Credit Hours	Mode of Delivery	Prerequisites	Terms offered	Notes
KIN 170	Resistance Training/Theory & Practice	2	T		FL/SP	
Eng 101	Rhetoric	3	T,W,H	Appropriate placement score or minimum grade "C" in one of the following: ENG 021 and ENG 099 ; or the EAP course sequence ENG 079 and ENG 089 ; or ENG 096	FL/SP/SM	Must earn a "C" or better to meet degree requirements.
Psyc 101	General Psychology	3	T,W,H		FL/SP/SM	Counts as Social Science Gen. Ed. Course.
Math 128	Elementary Statistics	4	T,W,H	Appropriate placement score or minimum grade of C in MATH 098.	FL/SP/SM	Counts as Math Gen. Ed. Course
Bio 125	Human Biology	4	T	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099 ; or the EAP course sequence ENG 079 and ENG 089 ; or ENG 096 . Placement testing into MATH 094 or higher, or minimum grade of C in MATH 090.	FL/SP/SM	Counts as Life Science Gen. Ed. Course.
	Total Semester Hours	16				

Second Semester						
Course	Title	Credit Hours	Mode of Delivery	Prerequisites	Terms offered	Notes
KIN 200	Intro to Personal Training	3	T		FL/SP	
Eng 102	Rhetoric	3	T,W,H	Minimum grade "C" in ENG 101	FL/SP/SM	Must earn a "C" or better to meet degree requirements.
Fine Arts Gen. Ed. Course	Refer to AS degree general education category for choices.	3	T,W		FL/SP/SM	

Chem 100 OR Chem 101	Fundamentals of Chemistry OR General Chemistry I	5	T	Placement testing into ENG 101 or minimum grade "C" in one E14of the following: ENG 021 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096. Placement testing into MATH 098 or higher, or minimum grade of C in MATH 094 <i>(for Chem 100)</i> OR Placement testing into MATH 138 or minimum grade of C in MATH 098 AND one year of HS Chemistry or Minimum grade C in CHEM 100 <i>(for Chem 101)</i> .	FL/SP/SM	Counts as Physical Science Gen. Ed. Course.
Total Semester Hours		17				

Third Semester						
Course	Title	Credit Hours	Mode of Delivery	Prerequisites	Terms offered	Notes
KIN 160	Group Exercise Instruction	2	T		FL/SP	
KIN 207	First Aid/CPR/AED	2	T		FL/SP/SM	
KIN 201	Intro to Exercise Science	3	T		FL/SP	
Comm 101	Principals of Communication	3	T,W,H	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099; ENG.022 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096.	FL/SP/SM	
Humanities OR Fine Arts Gen. Ed. Course	Refer to AS degree general education category for choices.	3	T,W		FL/SP/SM	
Psyc 208, 210, or 215		3	T,W		FL/SP/SM	Counts as Social Science Gen. Ed. Course.
Total Semester Hours		16				

Fourth Semester						
Course	Title	Credit Hours	Mode of Delivery	Prerequisites	Terms offered	Notes
KIN 215	Nutrition for Health and Fitness	3	T	Recommended: BIO.125	FL/SP/SM	

KIN 221	Health & Fitness Industry Management	3	T	Take KIN 201; Minimum grade C.	FL/SP	
Humanities Gen. Ed. Course	Refer to AS degree general education category for choices.	3	T,W		FL/SP/SM	
Educ 101	Introduction to Education	3	T	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096.	FL/SP	Suggested for Physical Education majors. Consult with transfer school prior to taking. Otherwise, take an approved IAI elective.
Bio 103	Health	3	T, W		FL/SP/SM	
	Total Semester Hours	15				

Graduation Requirements

To be awarded an Associate degree at Joliet Junior College, each student must meet the following requirements:

1. Satisfy all admissions requirements.
2. Complete the courses required to earn the given degree. If the student is a transfer student with coursework taken elsewhere, he/she must complete a minimum of 60 credit hours of which 15 credit hours applicable to the degree are earned at JJC. Proficiency test, CLEP, and Advanced Placement does not meet this requirement.
3. Earn a cumulative grade point average of at least 2.0.
4. Discharge all financial obligations to the College and have no restrictions.
5. File an application for graduation. An application should be filed at the time of registration for the student's anticipated last semester.
6. Have all official transcripts from other college/universities on file in the Graduation Office by the graduation filing date for evaluation of credit. A delay in the process may result in a later graduation date.

For more information:	Department Chairperson	Guided Academic Pathway Advisor
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