

The following suggested schedule is based on full-time enrollment for students who do not require any 0-level coursework. This Completion Guide is for students interested in pursuing a major in Kinesiology as part of a baccalaureate degree leading to careers in Athletic Training, Physical Education, and/or Exercise Science. Students should check with their transfer institution for specific requirements for their major. Requirements can vary between transfer institutions.

**Students who complete the Associate in Science may be required to take an additional Social Science and Humanities/Fine Arts course at the transfer institution since they will not be completing the entire General Education Core Curriculum (GECC) prior to transfer. Students could choose to complete an Associate in Arts to transfer and then will have completed the GECC.**

<b>First Semester</b>							
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes	
Kin 207	First Aid/CPR/AED	2	T		FL/SP/SM		
Eng 101	Rhetoric	3	T,W,H	Appropriate placement score or minimum grade "C" in one of the following: <a href="#">ENG 021</a> and <a href="#">ENG 099</a> ; <a href="#">ENG 022</a> and <a href="#">ENG 099</a> ; or the EAP course sequence <a href="#">ENG 079</a> and <a href="#">ENG 089</a> ; or <a href="#">ENG 096</a>	FL/SP/SM	Must earn a "C" or better to meet degree requirements.	
Psyc 101	General Psychology	3	T,W,H		FL/SP/SM	Counts as Social Science Gen. Ed. Course.	
IAI Math Gen. Ed. Course - <b>Math-128 or higher</b>	Refer to AS degree general education category for choices.	4	T,W,H	Varies by course.	FL/SP/SM		
Bio 151	General Biology I	5	T	Placement testing into ENG 101 or minimum grade "C" in one of the following: <a href="#">ENG 021</a> and <a href="#">ENG 099</a> ; <a href="#">ENG.022</a> and <a href="#">ENG 099</a> ; or the EAP course sequence <a href="#">ENG 079</a> and <a href="#">ENG 089</a> ; or <a href="#">ENG 096</a> . Placement testing into MATH 098 or higher, or minimum grade of C in MATH.094.	FL/SP/SM	Counts as Life Science Gen. Ed. Course.	
<b>Total Semester Hours:</b>		<b>17</b>					
<b>Second Semester</b>							
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes	
Eng 102	Rhetoric	3	T,W,H	Minimum grade "C" in <a href="#">ENG 101</a>	FL/SP/SM	Must earn a "C" or better to meet degree requirements.	
Fine Arts Gen. Ed. Course	Refer to AS degree general education category for choices.	3	T,W		FL/SP/SM		
Math 138 or higher	<a href="#">Choose from approved IAI Electives for the AS degree</a>	4	T,W	Varies by course	FL/SP/SM		

Bio 250	Human Anatomy/Physiology I	4	T,W,H	Minimum grade "C" in BIO 149 or BIO 151. Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099; ENG 022 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096. Placement testing into MATH 098 or higher, or minimum grade of C in MATH 094.	FL/SP/SM	2 Soc. Sci. courses required from 2 different areas for AS degree.
<b>Total Semester Hours:</b>		<b>14</b>				

<b>Third Semester</b>						
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes
Bio 251	Human Anatomy/Physiology II	4	T,H	Take BIO 250 with a minimum grade C. ENG 099, ENG 089, ENG 096, ENG 101 or ENG 102; Minimum grade C. Placement testing into MATH 098 or minimum grade of C in MATH 094.	FL/SP/SM	
Math 139 or higher	<a href="#">Choose from approved IAI Electives for the AS degree</a>	4	T,W	Varies by course	FL/SP/SM	
KIN 215	Nutrition for Health and Fitness	3	T	Recommended: BIO.125	FL/SP/SM	
Comm 101	Principals of Communication	3	T,W,H	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099; ENG.022 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096.	FL/SP/SM	
Soc 101	Introduction to Sociology	3	T,W,H	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099; ENG 022 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096.		
<b>Total Semester Hours:</b>		<b>17</b>				

<b>Fourth Semester</b>						
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes
Chem 101	General Chemistry I	5	T	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099; ENG 022 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096. Placement testing into MATH 138 or minimum grade of C in MATH 098. One year of HS Chemistry or Minimum grade C in CHEM 100.	FL/SP/SM	Counts as Physical Science Gen. Ed. Course.
KIN 208	Intro to Athletic Training	3	T		FL/SP	

KIN 201	Intro to Exercise Science	3	T		FL/SP	
Humanities Gen. Ed. Course	Refer to AS degree general education category for choices.	3	T,W		FL/SP/SM	
IAI Elective	<a href="#">Choose from approved IAI Electives for the AS degree</a>	2	T,W, H	Varies by course	FL/SP/SM	Recommended: Bio-103
<b>Total Semester Hours:</b>		<b>16</b>				

**For more information:**

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