

The following suggested schedule is based on full-time enrollment for students who do not require any 0-level coursework. This Completion Guide is for students interested in pursuing a major in Kinesiology as part of a baccalaureate degree leading to careers in Physical Education, Personal Trainer, and/or Sports Management. Students should check with their transfer institution for specific requirements for their major. Requirements can vary between transfer institutions.

Students who complete the Associate in Science may be required to take an additional Social Science and Humanities/Fine Arts course at the transfer institution since they will not be completing the entire General Education Core Curriculum (GECC) prior to transfer. Students could choose to complete an Associate in Arts to transfer and then will have completed the GECC.

First Semester						
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes
KIN 170	Resistance Training/Theory & Practice	2	T		FL/SP	
Eng 101	Rhetoric	3	T,W,H	Appropriate placement score or minimum grade "C" in one of the following: ENG 021 and ENG 099 ; ENG 022 and ENG 099 ; or the EAP course sequence ENG 079 and ENG 089 ; or ENG 096	FL/SP/SM	Must earn a "C" or better to meet degree requirements.
Psyc 101	General Psychology	3	T,W,H		FL/SP/SM	Counts as Social Science Gen. Ed. Course.
Math 128	Elementary Statistics	4	T,W,H	Appropriate placement score or minimum grade of C in MATH 098.	FL/SP/SM	Counts as Math Gen. Ed. Course
Bio 125	Human Biology	4	T	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099 ; ENG.022 and ENG 099 ; or the EAP course sequence ENG 079 and ENG 089 ; or ENG 096 . Placement testing into MATH 094 or higher, or minimum grade of C in MATH 090.	FL/SP/SM	Counts as Life Science Gen. Ed. Course.
Total Semester Hours:		16				
Second Semester						
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes
KIN 200	Intro to Personal Training	3	T		FL/SP	
Eng 102	Rhetoric	3	T,W,H	Minimum grade "C" in ENG 101	FL/SP/SM	Must earn a "C" or better to meet degree requirements.
Fine Arts Gen. Ed. Course	Refer to AS degree general education category for choices.	3	T,W		FL/SP/SM	

Chem 100 OR Chem 101	Fundamentals of Chemistry OR General Chemistry I	5	T	Placement testing into ENG 101 or minimum grade "C" in one E14 of the following: ENG 021 and ENG 099; ENG 022 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096. Placement testing into MATH 098 or higher, or minimum grade of C in MATH 094 (<i>for Chem 100</i>) OR Placement testing into MATH 138 or minimum grade of C in MATH 098 AND one year of HS Chemistry or Minimum grade C in CHEM 100 (<i>for Chem 101</i>) .	FL/SP/SM	Counts as Physical Science Gen. Ed. Course.
Soc 101	Introduction to Sociology	3	T,W,H	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099; ENG 022 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096.		
Total Semester Hours:		17				

Third Semester						
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes
KIN 160	Group Exercise Instruction	2	T	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099; ENG.022 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096.	FL/SP	
KIN 207	First Aid/CPR/AED	2	T		FL/SP/SM	
KIN 201	Intro to Exercise Science	3	T		FL/SP	
Comm 101	Principals of Communication	3	T,W,H		FL/SP/SM	
Humanities OR Fine Arts Gen. Ed. Course	Refer to AS degree general education category for choices.	3	T,W		FL/SP/SM	
Psyc 208, 210, or 215		3	T,W		FL/SP/SM	Counts as Social Science Gen. Ed. Course.
Total Semester Hours:		16				

Fourth Semester						
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes
KIN 215	Nutrition for Health and Fitness	3	T	Recommended: BIO.125	FL/SP/SM	
KIN 221	Health & Fitness Industry Management	3	T	Take KIN 201; Minimum grade C.	FL/SP	
Humanities Gen. Ed. Course	Refer to AS degree general education category for choices.	3	T,W		FL/SP/SM	

Educ 101	Introduction to Education	3	T	Placement testing into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099; ENG 022 and ENG 099; or the EAP course sequence ENG 079 and ENG 089; or ENG 096.	FL/SP	Suggested for Physical Education majors. Consult with transfer school prior to taking. Otherwise, take an approved IAI elective.
Bio 103	Health	3	T, W		FL/SP/SM	
Total Semester Hours:		15				

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